

# Care Plan / Risk Assessment

## William Jones

### Night Checks

Updated on 25/07/2012 by Laurence Lincoln

#### Night Checks

William had a night check assessment on 19 March 2012- there a number of notes regarding his needs at night:

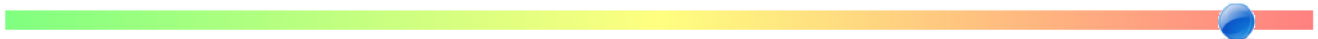
He suffers insomnia regularly. William can experience occasional nightmares that affect his ability to sleep.

William would prefer to go to bed at 19.30. William would prefer not to be checked during the night. He is frequently incontinent during the night. He will require more frequent checking at night to ensure his comfort and well-being as his ability to call for assistance via prompt cards at night is extremely limited. Every 45 minutes, he needs a quick check to see he is ok.

#### Bed Rails

William does not require bed rails fitted to his bed. William requires alternating pressure relieving mattress and a specialised pillow.

Degree of risk: Extreme Risk



#### Risk

- He suffers from occasional nightmares. William is frequently bowel incontinence during the night. He will require more frequent checking at night to ensure his comfort and well-being as his ability to call for assistance via prompt cards at night is limited.
- William's comfort and safety may be at some risk as he requires aid to communicate his needs.
- William is unable to use a nurse call button.

#### Action Plan

- William should be reassured and emotionally supported if he experiences occasional nightmares.
- William is currently at low risk of injury during the night, however he should continue to be monitored in case this situation changes. Please refer to the continence section as William requires a continence aid. William is at some risk at night due to his need to use prompt cards for communication which may be more difficult to hear by his carers.

Assistance Required



(Assistance from 1 carer)